

MENIFEE VALLEY LODGE #289

Trestle Board



TRESTLEBOARD

MENIFEE VALLEY LODGE #289



MAY 6024 A.L.

VOL.1 ISSUE 5



"Freemasonry is an institution that promotes moral and upright living. It promotes harmony, brotherhood, certainly relief, and truth. All of these things are needed in our society for us to live free and peacefully. And I think if more people understood that Freemasonry focuses on these virtues and can be applied to the betterment of people who are not members, they will come to us."

— Grand Master Sean Metroka

If you want to share articles, photos, and suggestions, please contact:

Trestleboard Editor

Bro Sherman Hernaez

mvl289trestleboard@gmail.com

Menifee Valley Masonic Lodge

27221 McCall Blvd.

PO Box 312

Sun City, CA 92586

LODGE PAGES

| | |
|--------------------|---|
| From the East | 1 |
| From the West | 2 |
| From the South | 3 |
| Insights from a PM | 4 |

HIGHLIGHTS

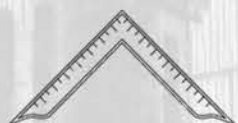
| | |
|---------------------------------|----|
| Calendar | 5 |
| Brethren's Corner | 6 |
| Masonic Education | 7 |
| Honorable Mentions, FEs and EAs | 8 |
| Committees | 9 |
| Announcements | 10 |
| Activities | 11 |
| Resources | 12 |
| Officers | 13 |



WISDOM



FROM THE EAST



JERRY DONATHAN, PM

Worshipful Master

Well Brethren, this year is flying by and it's now May! Hopefully, all of our traveling Brethren returned home from the P.I. in good health so we can pick up where we left off with degree work.

The Hive is growing leaps and bounds with New Members including Affiliations. For those of you that don't know, Worshi H has moved into the Masonic Home in Covina, but will try to be here for Stated Meetings, etc.

See all of you in Lodge!!

Fraternally,
WM Jerry Donathan



STRENGTH



FROM THE
EST



ADELBERT "AL" CAGUNGAO

Senior Warden

Brethren,

There's only one way I can describe the just concluded Annual Communication 2024 for Masons of the Most Worshipful Grand Lodge of Free and Accepted Masons of the Philippines. It is "*HAPPY LANG*" (translated in English language, Happy Only) which coincidentally is also the battle cry of MW DON TERNG RAMAS UYPITCHING, outgoing GM of Masons of the Most Worshipful Grand Lodge of Free and Accepted Masons of the Philippines. This was one of the best if not the best ANCOM I had attended. Congratulations to the outgoing Grand Master and the organizers of the event.

Brethren from different Grand Lodges around the World has graced the event. Our Menifee Valley Lodge #289 was well represented headed by Our Senior Warden. The Most Worshipful Sean Metroka Grand Master of Masons of the Grand Lodge of California was made an honorary Grand Master of MWGLP by MW Don Terng Ramas Uypitching. It was a meaningful and successful event and the brethren of MVL#289 are already planning for the next Ancom which will be held in the NCR next year.

The New elected Grand line officers of the Most Worshipful Grand Lodge of Free and Accepted Masons of the Philippines for M.Y. 6024-6025 A.L.

Grand Master: MW Ariel T. Cayanan

Deputy Grand Master: RW Raul E. Canon, Jr

Sr Grand Warden: RW Robert Joseph S. Moran

Jr Grand Warden: RW Ruel S. Rivera

Grand Treasurer: MW Juanito G. Espino, Jr

Grand Secretary: MW Danilo D. Angeles

Fraternally,

Bro Adelbert Cagungao, Sr Warden



BEAUTY



FROM THE SOUTH



SAMMY GILLO

Junior Warden

The second week of April has once again been a busy month. We passed Bro. Paul to fellowcraft Mason. My thanks to the Officers of the Lodge who helped provide Brother Paul with an outstanding degree. After his initiation, he said his experience was a profound spiritual experience in his life. His comment is a testament to the importance of assuring our degree work for candidates is the original progression. We should be ever mindful to perform the work for each brother on Fellowcraft with the same attention and effort as we would if we were introducing our best friend in any fraternal organizations.

The Jobs Daughter Bethel 165 presented their members and asking more support from the different lodges in 826th district. We have more degree works planned for the masonic month of May or June. I inspire all the brethren of Menifee Valley Lodge to arise and support our candidates and Brethren who are working through their labors to reach the sublime degree of Master Mason.

Sideline support is also as important as the work of the officers executing the ritual. I can contemplate of no other way to comfort the candidates to our Fraternity and determine their importance to our Lodge instead of having the Lodge full of their new Brothers and friends.

April was the best time to relax and get more energy and power for the upcoming degree work. It is now time to go back and practice ritual degree works in May.

Happy day happy hours!! Go Menifee Valley Lodge #289. The beehive of outstanding brethren!!!

Brotherly,
Bro Sammy Gillo, Jr Warden

INSIGHTS FROM A PAST MASTER



HAROLD WHITFORD

*Past Master - Perris #411 1987, 1994,
2004, 2005, MVL #289 2011*

I have now attended one Stated Meeting and tonight an OSI mtg. here at Destiny Lodge. I'm not sure how many lodges compose this district but 4 Masters introduced their officers (about 4 officers per lodge). Destiny Lodge then presented the 2nd section of the Fellowcraft degree. I had imagined that the officers and members would all be 'seniors' like myself but that's not true. Some Brothers are employees of the Masonic Home, while others just live in the area. The lodge is very active in community affairs, an elementary school in the area and Masonic Youth Orders. I don't know how they've done it but they have over \$ 3 million in assets, it doesn't hurt to have a 5 star restaurant on campus and I suppose some wealthy residents kick in!

Once I've been here a little longer I hope to give a report on the wonderful experience this is proving to be, there are a few things I didn't understand before like liquidating your own material assets like home furnishings, your house, cars and other properties. It takes some planning and organizing but the Staff at the Homes will make every effort to help, believe me they are trying to get you in, not working against you.

That's it for now, keep after those weeds on property!

WB Harold Whitford, PM

CALENDAR
OF
EVENTS &
BIRTHDAYS



May 2

Stated Meeting &
Dinner

May 18

Outdoor 3rd Degree
(Bro Jalandoni)

May 15

Officers School of
Instruction @ MVL

May 17-19

Masters' & Wardens'
Retreat

BIRTHDAYS

Christian Bustilleon
Ryan William Clark
Emeric Castillo Cornel
WM Jerry Lee Donathan
Jeffrey Scott Conway
Eli Harrigan
George William Punchard
Michael Charles Smith
Harold Lewis "Bud" Smith

RAISED

| Member | Date |
|--------------------------|--------------------|
| Clark Lovan Bacon | 5/2/1970 (54 yrs) |
| Ryan William Clark | 5/29/2008 |
| James Wesley Gilmore, PM | 5/24/1995 (29 yrs) |
| Richard French Goward | 5/23/1951 (73 yrs) |
| Thomas King Hafeli | 5/14/1990 (34 yrs) |
| Adam Billy James Hall | 5/17/2001 (23 yrs) |
| Jose Juan Marquez | 5/26/2022 (2 yrs) |
| Edward Johnson Sibby | 5/24/1963 (56 yrs) |
| Monte Bay Wells | 5/10/1957 (67 yrs) |
| Harold Whitford, PM | 5/11/1981 (43 yrs) |

BROTHER'S CORNER



3 TIMES 3 FOR THE BROTHER TYLER

by Bro Christian Bustilleon

Greetings Brethren,

In this issue of Brothers' Corner, I would like to share the importance of another Masonic emblem as well as our own brother, the Tyler. The symbolism of "*The Book of Constitutions Guarded by the Tyler's Sword*".

The Book of Constitutions represents the foundation of our rules, regulations, and principles. It embodies the core values that guide our actions and ensure order within the fraternity.

Our brother, the Tyler is the outer guard of our Lodge. He ensures that only qualified members may enter, protecting the sanctity of our lodge and its proceedings. His sword symbolizes this guardianship.

The symbolism extends beyond the physical lodge. It reminds us to metaphorically stand guard over our own thoughts, words, and actions. Protecting our principles and values is vital, especially in the face of those who might not understand or respect Freemasonry.

These essential Masonic virtues, Silence and Circumspection, are tied to this symbolism. Silence means exercising discretion and not revealing our secrets. Circumspection calls for careful thought and prudence in all our actions, reflecting a commitment to integrity.

Let's give it up for our Brother the Tyler and give him a proper Masonic fire. *three times three*

To any Brothers who would like to share stories or narratives, please send an email to the Trestleboard Editor.

MASONIC EDUCATION



by Bro Bruce Flowers

CARDINAL VIRTUES

by William R. Fischer

If you had three wishes, what would you wish for? Most people would wish to;

1. Live forever.
2. Win the lottery.
3. Have peace on earth.

Living forever, although it seems immortal, is one of the most mortal parts of mankind abilities. We all live forever, for as long as you live that is forever. When your body expires your spirit lives on and people who know you will remember you, and that remembrance will keep you living forever.

Winning the lottery is much more difficult. First you have to play to win and then be one out of twenty million. But, all of this does not matter because we have enough for ourselves and our families. We have enough to live on, and to survive, we may not have it as easy as others but we have enough.

Peace on earth is a matter of cooperation and understanding. The more we understand each other the less difficult it will be to cooperate and achieve peace.

We can be sure that some have other wants or needs, noble and selfish, but what about an alternative. How about **ABILITY, STRENGTH, and WISDOM.**

With ability **TEMPERANCE** would be easy. If you have the ability to accomplish what you wish, temperance would be the first accomplishment. To be able to control ones desires is the goal of every good man. This would make it easy for you to help others through your example and your knowledge.

With strength **FORTITUDE** is a part. To be strong of character you must have fortitude.

Fortitude is the driving force in strength of character. This would give you the skill to deal with those who would subvert the good you are trying to do.

With wisdom **PRUDENCE** would be found and **JUSTICE** could be served. Prudence is a part of wisdom. To be wise is to be prudent. Justice is known to a wise person. Thus, to be wise is to have the know-how to administer justice. Having the knowledge to use prudence and dispense justice can only come from wisdom. Thus, we would be able to tell who is in need and who is causing the pain of need.

So, if given three wishes, maybe we should wish for:

The ability to help those in need.

The strength to forgive those who cause pain.

The wisdom to know the difference.

If we all did this we would still live forever, we would all be richer and peace on earth would last for an eternity.

PAST MASTERS

(living)

HIRAM AWARDS

(living)

GOLDEN VET

(living)

| NAME | YEAR |
|------------------------------------|------------------------------|
| <i>WB Michael Christian Smith</i> | 1975, 1998 |
| <i>WB Delbert Dewey Queen, Jr.</i> | 1980 |
| <i>WB Harold Whitford</i> | 1987, 1994, 2004, 2005, 2011 |
| <i>WB John Paul St. Clair</i> | 1991 |
| <i>WB Vernon Claire Campbell</i> | 1996 |
| <i>WB James Wesley Gilmore II</i> | 2002 |
| <i>WB Paul Arthur Mac Quiddy</i> | 2015 |
| <i>WB Monte Gale Euler</i> | 2017, 2020 |
| <i>WB Charles Markel</i> | 2018 |
| <i>WM Jerry Donathan</i> | 2012, 2013, 2022, 2023 |

| NAME | YEAR |
|--------------------------------------|------|
| <i>WB Harold Whitford, PM</i> | 1992 |
| <i>WB Vernon Claire Campbell, PM</i> | 2002 |
| <i>Thomas King Hafeli</i> | 2004 |
| <i>WB Allan F. Bowman, PM</i> | 2012 |
| <i>WM Jerry Donathan, PM</i> | 2014 |
| <i>WB Paul Arthur Mac Quiddy, PM</i> | 2016 |
| <i>Harold Lewis “Bud” Smith</i> | 2019 |
| <i>WB Charles Markel, PM</i> | 2022 |
| <i>WB Thomas Dowden, PM</i> | 2023 |

| NAME | YEAR |
|---------------------------------------|------|
| <i>Monte R. Wells</i> | 2007 |
| <i>WB John Paul St. Clair, PM</i> | 2023 |
| <i>WB Michael Christian Smith, PM</i> | 2021 |
| <i>Clark Lovan Bacon</i> | 2020 |
| <i>Harold “Bud” Smith</i> | 2002 |
| <i>Frank William Roberts</i> | 2010 |
| <i>George C. Lyon, Jr.</i> | 2011 |
| <i>David Ralph Barnett</i> | 2011 |
| <i>Lloyd Ronald Prater</i> | 2018 |
| <i>Edward Johnson Sibhy</i> | 2018 |
| <i>Norman Lawrence Chaffin</i> | 2018 |
| <i>Jene Truman Carlisle</i> | 2018 |
| <i>WB John Royal Laird, PM</i> | 2006 |
| <i>John Wilbur Jackson</i> | 2018 |
| <i>Jimmie Frank Jackson</i> | 2005 |
| <i>Eli Harrigan</i> | 1999 |
| <i>Richard French Goward</i> | 2001 |
| <i>Yale Benson Eisenstein</i> | 2010 |
| <i>Joseph Daniel Donaldson</i> | 2016 |
| <i>William Leonard Dexter</i> | 2016 |
| <i>WB Vernon Claire Campbell, PM</i> | 2017 |
| <i>WB Allan F. Bowman, PM</i> | 2018 |

| NAME | INITIATED | COACH |
|-----------------------------------|------------|-------------------------------|
| <i>Jeffrey M. Brayton</i> | 09/19/2019 | |
| <i>Rodney L. Gray</i> | 03/18/2002 | |
| <i>Thiago V. Sousa Moreira</i> | 10/19/2023 | <i>Bro Sherman Hernaez</i> |
| <i>Jonathan C. Ojeda</i> | 01/30/2020 | |
| <i>Roland Ortiz</i> | 02/16/2023 | |
| <i>Juan Vera</i> | 01/19/2012 | |
| <i>Howard Harvey Walmsley III</i> | 03/23/2023 | <i>WB Harold Whitford, PM</i> |
| <i>Lucio Collado</i> | 03/21/2024 | <i>Bro Samuel Sanchez</i> |
| <i>Abel Arteaga</i> | 03/28/2024 | <i>Bro Merck Cornel</i> |

| NAME | PASSED | COACH |
|-----------------------------|------------|-------------------------------|
| <i>Perry David King IV</i> | 07/27/2023 | <i>WB Harold Whitford, PM</i> |
| <i>Aluel F. Jalandoni</i> | 01/11/2024 | <i>Bro Al Cagungao</i> |
| <i>Peter Paul Feliciano</i> | 04/11/2024 | <i>Bro Sherman Hernaez</i> |

COMMITTEES

EXECUTIVE COMMITTEE

Master: WM Jerry Donathan, PM
Senior Warden: Bro Al Cagungao
Junior Warden: Bro Sammy Gillo
Treasurer: Bro Bruce Flowers
Secretary: Bro Benigno Del Barrio
Asst. Secretary: Bro Jerico Alvarez

HALL ASSOCIATION

President: Bro Sammy Gillo
Vice President: Bro Devynn Hicks
Secretary: Bro Jerico Alvarez
Treasurer: WB Chuck Markel, PM
Building Manager: Bro Jose Shepard
Member: Bro Sherman Hernaez
Member: WB Harold Whitford, PM
Ex Officio: WM Jerry Donathan, PM
Ex Officio: Bro Al Cagungao, SW

CHARITY & RELIEF

Chairman: WM Jerry Donathan, PM
Co-Chairman: Bro Al Cagungao, SW
Members:
WB Harold Whitford, PM
Bro Sammy Gillo
Bro Sherman Hernaez
Bro Sam Sanchez
Bro Merck Cornel
Bro Primo Reguyal
Bro Wilson Bohol
Bro Sal Salarda
Bro Dale Bartolo
Bro Dean Malibiran

BUDGET

Chairman: WM Jerry Donathan, PM
Co-Chairman: Bro Al Cagungao, SW
Members:
Bro Bruce Flowers
Bro Sammy Gillo
Bro Benigno Del Barrio
WB Chuck Markel, PM

SICKNESS, DISTRESS, WIDOWS & ELDER SUPPORT

Chairman: WB Harold Whitford, PM
Co-Chairman: WB Chuck Markel, PM
Members:
Bro Al Cagungao, SW
Bro Bruce Flowers
WB Allan Bowman, PM

HIRAM AWARD

WM Jerry Donathan, PM
Bro Al Cagungao, SW
WB Harold Whitford, PM
WB Chuck Markel, PM

FUNERAL

Chairman: WB Harold Whitford, PM
Co-Chairman: Bro Al Cagungao, SW
Members:
Bro Sal Salarda, Chaplain
Bro Benigno Del Barrio
Bro Jerico Alvarez
Bro Samuel Sanchez

TRESTLEBOARD

Editor: Bro Sherman Hernaez
Editor: WM Jerry Donathan, PM

REFRESHMENTS

Chairman: Bro Sammy Gillo
Members:
Bro Primo Reguyal
Bro Wilson Bohol
ALL EA's, FC's, and New MM's
ALL Prospects and Candidates

OFFICERS & CANDIDATE COACHING

Officers' Coach: WB Chuck Markel, PM
Head Candidate Coach: WB Harold Whitford, PM
Asst. Head Candidate Coach: Bro Al Cagungao, SW
Member Cand. Coaches:
Bro Sam Sanchez (EA)
Bro Sherman Hernaez (EA)
Bro Merck Cornel (FC)
Bro Sal Salarda (FC)
Bro Sammy Gillo (MM)
Bro Benigno Del Barrio (MM)

DEGREE & SUPPORT

Chairman: Bro Al Cagungao, SW
Co-Chairman: WB Harold Whitford, PM
Co-Chairman: WB Chuck Markel, PM
Members:
Bro Sammy Gillo
Bro Samuel Sanchez
Bro Merck Cornel
Bro Sherman Hernaez
Bro Jose Shepard
Bro Sal Salarda
ALL OFFICERS

MEMBERSHIP RETENTION

Bro Benigno Del Barrio
Bro Jerico Alvarez
Bro Bruce Flowers

COMMUNICATION/ FACEBOOK/WEBSITE

Bro Benigno Del Barrio
Bro Jerico Alvarez
Bro Al Cagungao, SW
Bro Sammy Gillo
Bro Merck Cornel

MEMBERSHIP DEVELOPMENT/PROSPECTING COMMITTEE

Chairman: Bro Al Cagungao, SW
Prospect Managers:
Bro Jerico Alvarez
Bro Sal Salarda
Bro Sherman Hernaez
Bro Samuel Sanchez
Bro Merck Cornel

FINANCE

Chairman: WM Jerry Donathan, PM
Co-Chairman: Bro Al Cagungao, SW

AUDIT

Chairman: Bro Sal Salarda
Co-Chairman: WB Harold Whitford, PM
Members:
Bro Samuel Sanchez
Bro Merck Cornel

ASSIGNMENTS

Fraternal Support Ambassadors: WB Allan Bowman and Bro Jerico Alvarez
Masonic Education/History: Bro Bruce Flowers
Lodge Photographer: Bro Bud Smith

ANNOUNCEMENTS FROM THE SECRETARY



BENIGNO DEL BARRIO

Secretary

THE OFFICERS OF THE LODGE CORDIALLY INVITE YOU TO THEIR MONTHLY

***** STATED MEETING *****

DATE: THURSDAY, MAY 02, 2024

SOCIALS STARTS @ 5:00 PM / DINNER IS SERVED @ 6:00 PM / GAVEL DROPS @ 7:00 PM
FOOD AND REFRESHMENTS WILL BE AVAILABLE AT THE CRYSTAL BANQUET HALL

OFFICER'S ATTIRE: BLACK TUXEDO, WHITE SHIRT with BLACK BOW TIE

MEMBERS: DARK SUIT WITH TIE

VISITORS: BUSINESS CASUAL OR MASONIC PRIDE SHIRTS

Bring \$10 cash donation to the Junior Warden's Fund

SCHEDULE OF EVENTS:

4:30 pm - Gate will be opened. FCs, EAs, and Petitioners are to help prepare dinner and refreshments in the kitchen.

5:00 pm - Welcoming Committee is available for any questions. The Application Form is available upon request from the Lodge Secretary.

5:30 pm - Announcements from Worshipful Master, Senior, and Junior Wardens.

6:00 pm - Prayers and Pledge of Allegiance to our Flag. Dinner follows.

7:00 pm - Stated Meeting Commences in the Lodge Room. ***(Masons Only)***

7:30 pm - Petitioners are to assist in cleaning up the kitchen and dining hall.

JW, SS, and JS must ensure all trash are taken out of the Lodge after the event.

Address: 27221 McCall Blvd, MENIFEE CA 92585

"Peace and Harmony Prevail to all Masons"

MONTHLY UPCOMING EVENTS

MAY 2, 2024

MONTHLY STATED MEETING
6:00PM

MAY 15, 2024

OSI HOSTED BY TEMECULA CATALINA ISLAND LODGE
Attendees: All Masons

MAY 18, 2024

3RD DEGREE CONFERRAL
Bro. Aluel Jalandoni

**[Outdoor Degree @ 5225 Tessajara Creek Road, Santa Margarita California
courtesy of Cypress Mountain Lodge 196 & King David's Lodge 209]**

MENIFEE VALLEY LODGE 289 ACTIVITIES



RESOURCES



Serving Masons and their Families, Across the Lifespan

EMOTIONAL HEALTH DESERVES attention, just like physical health. In the same way you turn to your physician with medical questions, it's important to seek emotional support when you're facing difficult feelings or hard times. As California Masons, you have an incredible resource available in MCYAF, which has a team of licensed professionals ready to help. With a sliding-scale fee schedule and video-conferencing services available, MCYAF's model of care is available to all. Scan the code to visit [MCYAF.org](https://mcyaf.org) or call (877) 488-6293 to learn more or schedule a session.

GROUP THERAPY AND WORKSHOPS

Our dynamic groups and workshops connect children, individual family members, or peer groups with shared experiences.

EDUCATIONAL THERAPY

Create custom learning plans to support children with learning differences. Homework and consultation support specific learning needs is also available.

SENIOR WELLNESS

MCYAF offers senior support services to help navigate illness, grief, loneliness, and end-of-life transitions.

INDIVIDUAL AND FAMILY THERAPY

We build trusting relationships allowing clients to explore areas of concern in a safe and accepting environment.



MASONIC CENTER FOR
YOUTH AND FAMILIES
Integrated Therapeutic Services

(877) 488-6293 • [MCYAF.ORG](https://mcyaf.org)

NEW! Masonic Value Network

A Select Network of Independent Providers



Looking for caregivers or senior care for a loved one? Searching for services and resources in your own community?

The Masonic Value Network can help!

The Masonic Value Network is a convenient listing of care-related service providers located in communities throughout California (and beyond) that welcome California Masons and Masonic families.

- » Find care-related providers and resources in your area
- » Access offerings and educational materials from independent service providers
- » Convenient online access is available 24 hours a day, seven days a week



Masonic Homes
of California

EXPLORE THE MASONIC VALUE NETWORK

masonichome.org/ValueNetwork

2024 OFFICERS

Worshipful Master

Senior Warden

Junior Warden

Treasurer

Secretary

Assistant Secretary

Chaplain

Senior Deacon

Junior Deacon

Marshal

Senior Steward

Junior Steward

Tyler

Organist

Officer's Coach

Candidate's Coach

826th District Inspector

826th District Inspector at Large

Wor. Jerry Donathan, PM

Bro Adelbert Cagungao

Bro Sammy Gillo

Bro Bruce Flowers

Bro Benigno Del Barrio

Bro Jerico Alvarez

Bro Salvador Salarda

Bro Sherman Hernaez

Bro Samuel Sanchez

Bro Emeric Cornel

Bro Primo Reguyal

Bro Wilson Bohol

Bro Adelbert Bartolo

Bro Dean Malibiran

Wor. Chuck Markel, PM

Wor. Harold Whitford, PM

Wor. Rick Opina, PM

Wor. Carl Black, PM

CONCORDANT BODIES



Job's Daughters Bethal No. 165

Meets 2nd and 4th Sundays, 7:00pm

Carrie Ghent, Bethel Guardian,

951-271-2054

Bro. Tom Hafeli

951-526-9300

Annual Trestleboard Sponsorships and business card ads help defray the annual cost of printing and mailing the Trestleboard to those Brothers, widows, and friends of the Lodge who are not adept at electronic publications. If you can afford to sponsor, please see your Lodge Secretary. Business card ads are limited by the CMC to brother Mason's only.