

MENIFEE VALLEY LODGE #289

Trestle Board



FEBRUARY 6025 A.L.

VOL. II ISSUE II

MENIFEE VALLEY LODGE #289 TRESTLEBOARD

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VOL.2 ISSUE 2



"A single word. A call to action for every Mason. "INSPIRE"!"

My hope is that my logo will inspire you to embrace who you are. And be willing to share your experiences and perspectives with your brothers.

On the other side- my hope is that you will be willing to open your hearts and minds to learning, truly learning one another. When we as masons learn to embrace one another, and truly exemplify our tenets within our lodge, we will inspire one another to continue to work, towards becoming the other version of ourselves. And when we achieve that, we would have created true friendship and harmony within the walls of our lodges.

— **Grand Master Arthur Salazar**

If you want to share articles, photos, and suggestions, please contact:

Trestleboard Editor

Bro Sherman Hernaez

mvl289trestleboard@gmail.com

Lodge Website:

<https://lodge289.freemason.org>

Lodge Instagram:

@_mvl289

Lodge FB Page:

[Menifee Valley Lodge 289](#)

Menifee Valley Masonic Lodge

27221 McCall Blvd.

PO Box 312

Sun City, CA 92586



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HIGHLIGHTS

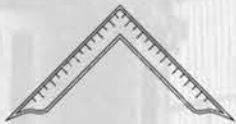
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WISDOM



FROM THE AST



ADELBERT "AL" CAGUNGAO

Worshipful Master

"Triumph over Adversity: A worshipful Master's Reflection"

As I reflect on my first month as Worshipful Master of Menifee Valley Lodge #289, I am reminded that leadership is not without its challenges. However, it is how we respond to these challenges that defines us.

Just a few weeks into my term, our lodge faced a series of unexpected obstacles. But rather than letting these challenges discouraged us, we chose to confront them head-on. Through teamwork, determination, and a commitment to our shared values, we were able to formulate effective solutions and emerged triumphant.

This experience has taught me the importance of resilience, adaptability, and collaboration in leadership. As Masons, we are no strangers to adversity, and it is in these moments of challenge that our true character is revealed.

I am proud to lead a lodge comprised of such dedicated, compassionate, and resourceful individuals. Together, we will continue to face whatever challenges come our way, armed with principles of Brotherly Love, Relief and Truth.

As we move forward into this new year, I am filled with optimism and enthusiasm for the opportunities that lie ahead. I am honored to serve as Worshipful Master of Menifee Valley Lodge #289 and look forward to seeing the incredible things we will achieve together.

Fraternally,
WM Adelbert "Al" Cagungao

STRENGTH



FROM THE EST



SHERMAN HERNAEZ

Senior Warden

Hello Brethren!

Flew back February 1st and arrived at midnight. It's been a long month of priceless time with my family, who I have not seen for a long time. First time to meet two of my great nieces, Anika and Rio. Well spent time. Had a chance to travel and see some places I was hoping to see. Also, just on my 3rd day there, I was able to attend the installation of officers of Magat Lodge 68 of the Grand Lodge of the Philippines in my province of Nueva Vizcaya. I also attended the January stated meeting of Cordillera Lodge 178 in my hometown. Glad to meet and greet the brethren and had the chance to join their fellowships.

Anyways, time flies. That overdue time off is gone just like that. Vacations, while enjoyable and rejuvenating, are temporary breaks from our regular routines. Back to reality is what we usually say. But I do recommend that when we have an opportunity to travel, we grab that opportunity and make the best of it.

Same thing with traveling in Freemasonry. If given the opportunity to work in the progression line, don't waste it; do something about it. Make it a routine to study your roles and duties in our Meniffee Valley Lodge. As a mason, there are a lot of things we can do for ourselves and for the lodge. Let us continue to remind each other that whatever direction we travel in masonry, we should always follow our masonic obligations and try to understand them. The teachings and the rituals, take the time to study them and put them in your hearts. And if you want to clarify something, we have our past masters who are always there to guide us. That's one way that we can improve ourselves for the best. When we all do this, in addition to working together, we bring out the best of each of the brethren. Let us prioritize harmony; nurture it. I encourage every MVL 289 brother to be engaged with our activities, attend our stated meetings, participate in our ritual practice, be active, and voice out your ideas on how to improve our lodge to be the best lodge. I challenge you, The Best of MVL289, to start with ourselves.

With January gone, I would like to thank Worshipful Master Al for keeping me in the loop with what is happening in the lodge. I am happy to see some of our prospects and candidates are now brothers.

I congratulate the brothers who were initiated and passed. Brother Allen, Brother Richard, Brother Valdo, Brother Jason, and Brother Lloyd, happy to hear all the completed conferral and proficiency. Glad that you all at least listened to all my reminders and instructions before I left, and still were communicating even if we were miles apart.

To the officers, Brother Junior Warden, Brother Deacons, and to all of you, thank you for stepping up and for all your hard work. MVL289 improvement is already being noticed. Let us continue with our work; our goal is not just to be a better MVL289... but to be the BEST MVL289!

Fraternally,
Bro Sherman Hernaez

BEAUTY



FROM THE OUTH



SAMUEL SANCHEZ

Junior Warden

Fraternal Greetings from the South,

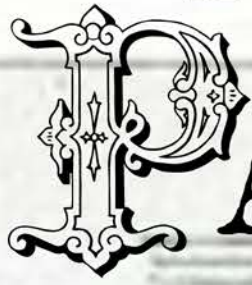
Brethren, time goes by quick and it is already February. We have completed three degrees since we started the year and it was all great degrees. First, thank you for all MVL members who made these degrees possible and continue looking East. Also thank you for WB Al, Bro Sherman and Bro Merck for doing my job as Junior Warden on my absence during my well-deserved vacation in the Philippines.

For MVL Officers, let us continue what we are doing. Help and assist any new or even old Masons that want to move up. For the candidates, continue learning the craft and put all the lessons you have learned and memorized not only in your head but also in your heart. Challenge and motivate yourself and go out of your comfort zone and in due time you will achieve your goal. Also, if you have a chance to travel to a different lodge and support some of their degrees and fundraising most especially the lodges on our district.

I will say it again, if any MVL members have anything to bring before this lodge that will make our lodge better, please do so. We will definitely entertain any of your suggestions or recommendations.

Southerly yours,
Bro. Samuel Sanchez

INSIGHTS



FROM A

PAST MASTER



HAROLD WHITFORD

Past Master



From the Past Masters Corner...Here it is February and the only news I have is from the 826th Masonic District, (yea you guys).. Early this year WM Dennis and the Widows Sons from Temecula came by. After that, the District Inspector, Rick Opina came by with Hemet Lodge members..Both of these groups brought checks for the Masonic Homes.

Last weekend, Lemon Grove Lodge came by with a 'Sing Along' program and Fruit Baskets for all the residents...February 22nd we will be visited by a new lodge from your area {KAP Lodge #888}. I bet some of the brothers from Men-Val know these guys, it would be nice if any of you could come with them.

The weather is still kinda cloudy and cool here but if you want to start looking for a time to come for a visitation, June or July should be nice. For you guys that say "yea, I visited Covina in the '90's, Well you ain't seen nothin' yet! The place is Amazing..Gives you an idea of where some of your DUES & Donations goes.

'Y'all come, Ya hear'!

Fraternally,
WB Harold Whitford, PM

CALENDAR OF EVENTS & BIRTHDAYS



Feb 6
Stated Meeting

Feb 19
District OSI

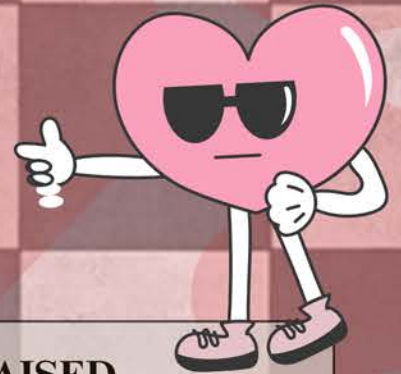
Feb 27
MM Practice/2nd
Section

Feb 7
Executive Committee
Meeting

Feb 20
FC Conferral (TBD)

Feb 13
FC Proficiency/FC
Conferral Practice

Feb 26
MM Conferral Practice
(Opening/Closing)

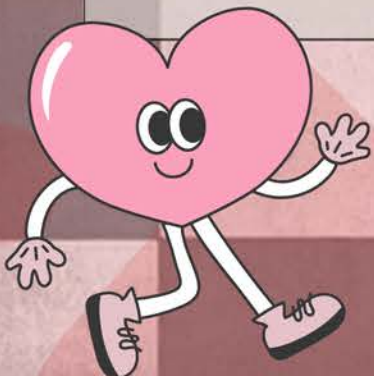


BIRTHDAYS

Victor "Choi" Atilano
James B. Bucayu
Sammy B. Gillo
Thomas King Hafeli
Dean G. Malibiran
Ricardo A. Nacario
Salvador B. Salarda
Daniel Vasquez

RAISED

Member	Date
WM Al Cagungao	02/19/2011
Douglas Gordon Cumming	02/23/1977
Eli Harrigan	02/17/1949
John Wilbur Jackson	02/24/1966
Markam Krikorian	02/23/1987
Delbert Dewey Queen Jr., PM	02/19/1976
Primo F. Reguyal	02/24/2022
Samuel Sanchez	02/17/2022
Daniel Vasquez	02/25/2016



BROTHER'S CORNER

THE THREE GREAT LIGHTS

by *Bro Christian Bustilleon*

Greetings Brethren,

We are done with the first month of the year and you all worked hard and made it a successful one.

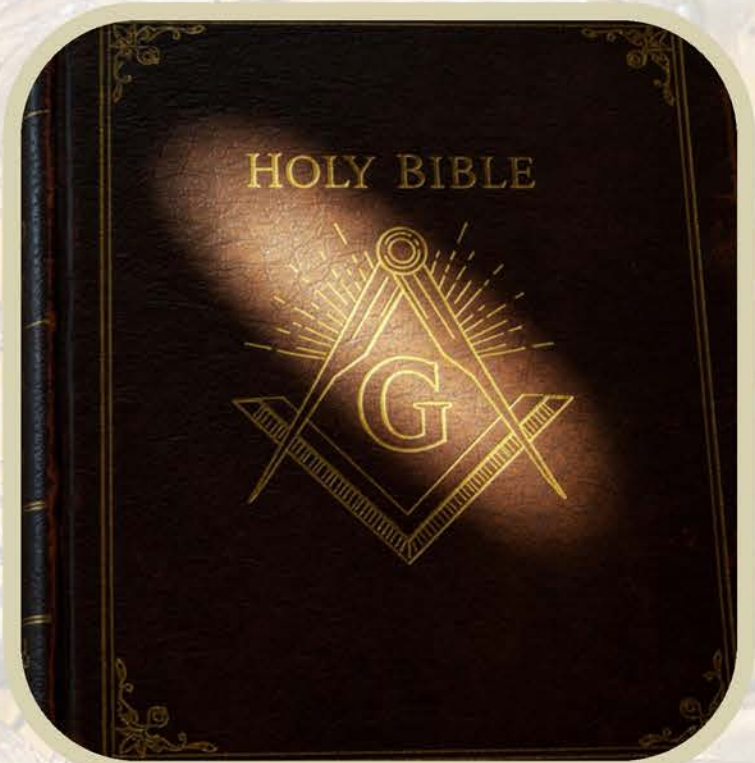
In this Brothers' Corner, we have the Three Great Lights.

The Holy Bible: This represents the Volume of Sacred Law, considered God's gift to humanity and the guide for faith and conduct. It is the foundation upon which we take our obligations. The specific book may vary depending on the individual's beliefs (e.g., Torah, Quran), but the principle of a sacred text as a guide remains.

Square: This is an emblem of the Master of the Lodge, symbolizing uprightness, morality, and virtue. It reminds the Master to ensure that all actions within the Lodge are "square" or just and honest. It also represents the importance of integrity in one's dealings with others.

Compass: This symbolizes the Craft, or the general membership of the Lodge. It represents the importance of self-control, moderation, and keeping one's passions within due bounds. It encourages us to live a balanced life, avoiding excess and remaining mindful of our actions and our impact on others.

They serve as constant reminders to us to live a life of integrity, guided by their beliefs, and to treat others with fairness and respect.



To any Brothers who would like to share stories or narratives, please send an email to the Trestleboard Editor.

MASONIC EDUCATION



by Bro Bruce Flowers

CLAYGROUND - ICONOLOGY

William R. Fischer

CLAY GROUND

Hiram Abif cast all the sacred vessels of the Temple, including the pillars of the porch.

He built his foundry between Succoth (Suc'-coth) and Zeredatha (Ze-red-a-tha) 35 miles north-east of Jerusalem.

The clay in that area was particularly fit for making molds. This area was known as the "*Clay Ground*".

ICONOLOGY

The science which teaches the doctrine of images and symbolic representations. Iconology is a grand part of Masonry. Through our symbols and landmarks we learn about the history of Free Masonry. These same symbols and landmarks remind us how we should act toward our brothers, family, friends and strangers.

PAST MASTERS

(living)

HIRAM AWARDS

(living)

GOLDEN VET

(living)

NAME	YEAR
<i>WB Michael Christian Smith</i>	1975, 1998
<i>WB Delbert Dewey Queen, Jr.</i>	1980
<i>WB Harold Whitford</i>	1987, 1994, 2004, 2005, 2011
<i>WB John Paul St. Clair</i>	1991
<i>WB Vernon Claire Campbell</i>	1996
<i>WB James Wesley Gilmore II</i>	2002
<i>WB Paul Arthur Mac Quiddy</i>	2015
<i>WB Monte Gale Euler</i>	2017, 2020
<i>WB Charles Markel</i>	2018
<i>WM Jerry Donathan</i>	2012, 2013, 2022, 2023

NAME	YEAR
<i>WB Harold Whitford, PM</i>	1992
<i>WB Vernon Claire Campbell, PM</i>	2002
<i>Thomas King Hafeli</i>	2004
<i>WB Allan F. Bowman, PM</i>	2012
<i>WM Jerry Donathan, PM</i>	2014
<i>WB Paul Arthur Mac Quiddy, PM</i>	2016
<i>Harold Lewis "Bud" Smith</i>	2019
<i>WB Charles Markel, PM</i>	2022
<i>WB Thomas Dowden, PM</i>	2023

NAME	YEAR
<i>Monte R. Wells</i>	2007
<i>WB John Paul St. Clair, PM</i>	2023
<i>WB Michael Christian Smith, PM</i>	2021
<i>Clark Lovan Bacon</i>	2020
<i>Harold "Bud" Smith</i>	2002
<i>Frank William Roberts</i>	2010
<i>George C. Lyon, Jr.</i>	2011
<i>David Ralph Barnett</i>	2011
<i>Lloyd Ronald Prater</i>	2018
<i>Edward Johnson Sibhy</i>	2018
<i>Norman Lawrence Chaffin</i>	2018
<i>Jene Truman Carlisle</i>	2018
<i>WB John Royal Laird, PM</i>	2006
<i>John Wilbur Jackson</i>	2018
<i>Jimmie Frank Jackson</i>	2005
<i>Eli Harrigan</i>	1999
<i>Richard French Goward</i>	2001
<i>Yale Benson Eisenstein</i>	2010
<i>Joseph Daniel Donaldson</i>	2016
<i>William Leonard Dexter</i>	2016
<i>WB Vernon Claire Campbell, PM</i>	2017
<i>WB Allan F. Bowman, PM</i>	2018

NAME	INITIATED	COACH
<i>Jeffrey M. Brayton</i>	09/19/2019	
<i>Rodney L. Gray</i>	03/18/2002	
<i>Roland Ortiz</i>	02/16/2023	
<i>Juan Vera</i>	01/19/2012	
<i>Howard Harvey Walmsley III</i>	03/23/2023	
<i>Lucio Collado</i>	03/21/2024	<i>Bro Samuel Sanchez</i>
<i>Normandy Ramas</i>	11/14/2024	<i>Bro Sherman Hernaez</i>
<i>Allen Lee Hillard III</i>	12/19/2024	<i>Bro Merck Cornel</i>

NAME	PASSED	COACH
<i>Thiago Moreira</i>	06/27/2024	<i>Bro Sherman Hernaez</i>
<i>Jonathan C. Ojeda</i>	08/12/2021	
<i>Abel Arteaga</i>	10/17/2024	<i>Bro Merck Cornel</i>
<i>Jason Crook</i>	11/21/2024	<i>Bro Samuel Sanchez</i>
<i>Lloyd Meneses</i>	11/21/2024	<i>Bro Merck Cornel</i>
<i>Richard Munoz</i>	01/30/2025	<i>Bro Sherman Hernaez</i>

COMMITTEES

EXECUTIVE COMMITTEE

Master: WM Al Cagungao
 Senior Warden: Bro Emanz Hernaez
 Junior Warden: Bro Samuel Sanchez
 Treasurer: Bro Bruce Flowers
 Secretary: Bro Wilson Bohol
 Senior Deacon: Bro Merck Cornel
 Junior Deacon: Bro Aluel Jalandoni
 Officer's Coach: WB Chuck Markel, PM
 Bldg. Manager: Bro Jose Shepard
 WB Jerry Donathan, PM

HALL ASSOCIATION

Members:
 WB Jerry Donathan, PM
 WB Chuck Markel, PM
 WB Harold Whitford, PM
 WM Al Cagungao
 Bro Emanz Hernaez
 Bro Samuel Sanchez
 Bro Jeff Conway
 Bro Devynn Hicks
 Bro Merck Cornel
 Bro Wilson Bohol
 Bro Aluel Jalandoni
 Bro Jose Shepard

CHARITY & RELIEF

Chairman: WM Al Cagungao
 Members:
 Bro Emanz Hernaez
 Bro Samuel Sanchez
 Bro Wilson Bohol
 Bro Paul Feliciano

BUDGET

Chairman: WM Al Cagungao
 Co-Chairman: Bro Emanz Hernaez
 Members:
 WB Jerry Donathan, PM
 Bro Bruce Flowers
 Bro Wilson Bohol
 WB Chuck Markel, PM

SICKNESS, DISTRESS, WIDOWS & ELDER SUPPORT

Chairman: WB Harold Whitford, PM
 Co-Chairman: WB Chuck Markel, PM
 Members:
 WM Al Cagungao
 Bro Emanz Hernaez
 Bro Samuel Sanchez
 Bro Bruce Flowers
 WB Allan Bowman, PM

HIRAM AWARD

WM Al Cagungao
 Bro Emanz Hernaez
 Bro Samuel Sanchez
 WB Harold Whitford, PM
 WB Jerry Donathan, PM
 WB Chuck Markel, PM

FUNERAL

Chairman: Bro Samuel Sanchez
 Co-Chairman: Bro Emanz Hernaez
 Members:
 Bro Paul Feliciano Chaplain
 Bro Wilson Bohol
 Bro Dean Malibiran

TRESTLEBOARD & WEBSITE

Editor: Bro Emanz Hernaez
 Editor: WM Al Cagungao

REFRESHMENTS

Chairman: Bro Samuel Sanchez
 Members:
 Bro Primo Reguyal
 Bro Dean Limbo
 Bro Ed Fontanilla, Jr.
 Bro Victor Atilano
 ALL EA's, FC's, and New MM's
 ALL Prospects and Candidates

OFFICERS & CANDIDATE COACHING

Officers' Coach: WB Chuck Markel, PM / WB
 Ralph Banci, PM
 Head Candidate Coach: Bro Emanz Hernaez
 Member Cand. Coaches:
 Bro Samuel Sanchez
 Bro Merck Cornel
 Bro Aluel Jalandoni
 Bro Dean Malibiran
 Bro Dean Limbo

DEGREE & SUPPORT

Chairman: Bro Emanz Hernaez
 Co-Chairman: WB Jerry Donathan, PM
 Co-Chairman: WB Chuck Markel, PM
 Members:
 Bro Samuel Sanchez
 Bro Merck Cornel
 Bro Jose Shepard
 Bro Aluel Jalandoni
 Bro Dean Malibiran
 Bro Dean Limbo
 Bro Paul Feliciano
 Bro Jeff Conway

MEMBERSHIP RETENTION

Chairman: Bro Emanz Hernaez
 Members:
 Bro Samuel Sanchez
 Bro Wilson Bohol

COMMUNICATION/ FACEBOOK

Bro Wilson Bohol
 Bro Emanz Hernaez
 Bro Merck Cornel

MEMBERSHIP DEVELOPMENT/PROSPECTING COMMITTEE

Chairman: Bro Emanz Hernaez
 Prospect Managers:
 Bro Merck Cornel
 Bro Aluel Jalandoni
 Bro Wilson Bohol

FINANCE

Chairman: WM Al Cagungao
 Co-Chairman: Bro Emanz Hernaez
 Members:
 WB Jerry Donathan, PM
 Bro Bruce Flowers

AUDIT

Chairman: Bro Dean Malibiran
 Members:
 Bro Merck Cornel
 Bro Peter Feliciano

ASSIGNMENTS

Fraternal Support Ambassadors: WB Allan
 Bowman
 Masonic Education/History: Bro Bruce Flowers
 Lodge Photographer: Bro Bud Smith

MENIFEE VALLEY LODGE 289 ACTIVITIES



ANNOUNCEMENTS



Menifee Valley Lodge #289
826th Masonic District Grand Lodge of California

OUTREACH ACTIVITY

for the

CEREBRAL PALSY WARRIORS OF BAYOMBONG

Organized by: **WM Adelbert Cagungao**

In cooperation with SMCHS Batch 89

2025 OFFICERS

Worshipful Master

Senior Warden

Junior Warden

Treasurer

Secretary

Chaplain

Senior Deacon

Junior Deacon

Marshal

Senior Steward

Junior Steward

Tyler

Organist

Officer's Coach

Officer's Coach

Head Candidate's Coach

826th District Inspector

Division 8 Assistant Grand Lecturer

Wor. Adelbert Cagungao

Bro. Sherman Hernaez

Bro. Samuel Sanchez

Bro. Bruce Flowers

Bro. Wilson Bohol

Bro. Peter Paul Feliciano

Bro. Emeric Cornel

Bro. Aluel Jalandoni

Bro. Dean Malibiran

Bro. Primo Reguyal

Bro. Dean Limbo

Bro. Ed Fontanilla, Jr.

Bro. Victor Atilano

Wor. Chuck Markel, PM

Wor. Ralph Banci, PM

Bro. Sherman Hernaez

Wor. Rick Opina, PM

Wor. Victor Ropac, Jr.

CONCORDANT BODIES



Job's Daughters Bethel No. 165

Meets 2nd and 4th Sundays, 7:00pm

Carrie Ghent, Bethel Guardian,

951-271-2054

Bro. Tom Hafeli

951-526-9300

Annual Trestleboard Sponsorships and business card ads help defray the annual cost of printing and mailing the Trestleboard to those Brothers, widows, and friends of the Lodge who are not adept at electronic publications. If you can afford to sponsor, please see your Lodge Secretary. Business card ads are limited by the CMC to brother Mason's only.