April

2023

Issue 4

Lodge Pages

Master's Message 1

Senior Warden

Junior Warden 3

2

9

Secretary 3

Individual Highlights:

Education 4

Temecula 6

Building Manager 7

MVL Highlights

Invitation

Activities 13

Announcement 14

Calendar 16

Committees 17

Officers 18

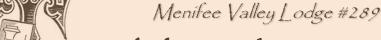


Follow us on Facebook, where you can upload stories, photos and news events! You can also find Masonic education.

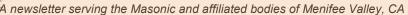
Please send stories, photos, comments or corrections to the editor at:

sharmaelly@gmail.com

Do you want to get the Trestleboard sooner? Sign up for email delivery and you'll get it before the 1st!



restleboard





Trestleboard - a draftsman's designing board; that on which a Mason draws his designs for his character and spiritual growth; that on which the Worshipful Master lays out his designs for the workmen; a Lodge's newsletter and calendar of events.

From the East Jerry Donathan, PM Worshipful Master

Hello Brethren,

In our strenuous lifeline, we often forget to do two serious things. First, we often don't take time for ourselves. Through our normal vocation, family time, church time and other calls of duty we often forget to slow down and reduce our stress. Secondly, we often neglect to simply show gratitude for the things we have or the blessings bestowed upon us. We simply forget to say 'thank you', "gracias", "salamat" or "grazie".

April, known as "Stress Awareness Month", I would encourage every brother to slow down for one moment and think about all of the possible things by which you could be grateful to someone. For some it is simply having another day. But for many it is having a great family gathering. Truly we could all sit down and make an easy list that would include things like fellowship, books, computers, and much more. Of course, each brother would have a unique list that truly defines their own character.

Have you happened to reflect some of the harder things in life that have molded you, such as despairs and unanswered devotions? Would you be where you are today if it weren't for that one annihilation, like we had in High School life that at the time seemed impossible to get over with?

So, not everything in life is destined to be easy but they all have an influence on who we have become, great brothers with great morals and social virtue that strive to do better. There is so much within the body of the lodge to be thankful for and it is only appropriate to take a moment to say: **Thank you Brethren...**

Fraternally,

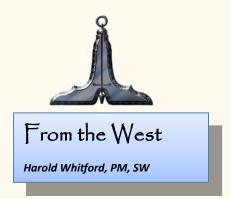
Jerry Donathan
Worshipful Master
MVL #289











Hello Brethren,

Brethren, Here it is April and the start of the 2nd Quarter of the year...2nd makes me think of something else. Fellow Craft or 2nd degrees. We currently have 3 anxious Enter Apprentice Masons who will be giving their EAM proficiencies and getting passed to Fellowcraft this quarter.

This time of year is also known for 'Spring' cleaning. Bro. Devynn Hicks is heading a committee of volunteers for Lodge Beautification

and has composed a partial List of 'Need to Do'. Paint outside Pillars, Power wash Stucco, Catalogue (organize) books in Library, replace ceiling light bulbs, Clean kitchen.. Some work has been done by Bro. Jose Shepard (Spray-seal) stained ceiling tiles and we had the Lodge room carpet professionally cleaned and repaired.

Watch your Trestleboard, there's always something going on Thursdays

Respectfully,

Harold Whitford, P.M. Senior Warden









From the South

Bro. Sammy Gillo



From the Secretary

Bro. Jerico Alvarez

Greetings Brethren,

Temperance, Fortitude, and Prudence

By Alphonse Cerza

Freemasonry is sometimes described as a school which teaches men a way of life which has met the test of time. We do not have a monopoly on the teaching of moral Truths, but we do have a special way of teaching which is both interesting and effective. Freemasonry teaches its members all the cardinal virtues which are designed to make its members better men, but this Short Talk will discuss only three of them: Temperance, Fortitude and Prudence.

Temperance: The word "temperance" has acquired an unfortunate connotation in modern times. It is frequently associated with the movement to eliminate the use of alcoholic beverages. But the word has a much broader meaning. The Masonic definition of Temperance may be stated briefly as follows: Temperance is that due restraint upon our affections and passions which renders the body tame and governable, and frees the mind from the allurements of vice. Every Mason is then told that Temperance should be the constant practice of every Mason, as he is taught to avoid excess in all things, such as contracting any licentious or vicious habit, the indulgence of which might lead him tosuffer, or to lose his health, or cause him to lose his reputation.

In a general sense it means that one must exercise a degree of self-restraint and self-control at all times, in all the activities of life, including both words and deeds. The key idea is "moderation in all things." The idea is well illustrated in the old statement: "All work and no play makes Jack a dull boy." It does not mean abstinence except in matters which are inherently bad or harmful.

The word "temperance" comes to us from the Latin, which means to temper or harden according to the use intended. As a consequence, we must recognize that there cannot be hard and fast rules in this subject. Each person must decide for himself how much restraint and self-control must be exercised in a particular situation. For example, I like to eat apple pie; one small piece is adequate to satisfy my desire after a hearty meal. My neighbor might not eat as hearty a meal, but might desire a larger piece of apple pie. Both of us by the exercise of self-control and by being temperate refrain from having a second help.

Brethren,

As I continue to process dues payments and record them in iMember, I'm requesting the lodge's member retention committee to assist me in contacting all members who have NOT paid their current year's dues. By mid-April, I will run the delinquent report again and provide an updated copy to the committee to make any determination and take the necessary course of action with regard to nonpayment of dues. Furthermore, if any requests come in regarding requests for dues remissions, forward the information directly to the charity committee for their investigation. For members with multiple lodge memberships, the CMC requires a 60-day notice (section 804.165C), therefore the notice should be listed in the May stated meeting.

Fraternally and sincerely,

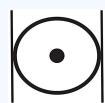
Bro Jerico J. Alvarez

Lodge Secretary, MVL289

BIRTHDAYS

APF

L						
	Member					
	Eddie Leverett					
	John St Clair					
	Richard Jenkins					
	John Jackson					
	Will Thomas					
	Dennis Santiago					
	Michael Iannolo					
	Robert Watkins					
	Eduardo Capule					



MASONIC BIRTHDAYS

APR

Member	Birthdate	
Mark Williams	4/2	
Monte Euler	4/10	
Chauncey Young	4/11	
Dennis Santiago	4/12	
Richard Jenkins	4/15	
Richard Mahrlings	4/16	
George Lyon Jr.	4/18	
Michael Smith	4/22	
Bennie Conatser	4/22	
Solomon Charles	4/24	
Melvin Capps	4/30	





Masonic Education

Masonic Chairs

Masonic Art

Masonic chairs are an art form unto themselves.

Their Masonic symbols go back in time hundreds of years and are part of Masonic history.

Since Freemasonry is built upon the symbolism of Solomon's Temple on Mount Moriah in Jerusalem, the Master's chair is symbolic of a King's throne.

Throughout history, no matter whether these chairs were roughly hand-whittled from logs and branches or lovingly hand carved by a master craftsman and ornately decorated with gold and filigree, the men who have sat in most of these chairs have been elected to and held the most prestigious position in their lodge...that of the Worshipful Master.

These Masonic chairs are artfully crafted with symbolry. They have no ergonomic chair qualities, whatsoever.

These Masonic chairs have no lumbar support, no tilt mecha-

nisms, no levers and most have very little padding. They don't roll on wheels, nor do they have extendable arms, mesh seats or backs to keep you cool.

In fact, rarely will you ever find one which is for sale.

The Master's chair is symbolic of the Master's duties and loyalty to his lodge and its members.

The men who currently sit or previously have sat in these chairs are honorable men who believe in a Supreme Being, universality among men and strive to promote peace and harmony within their lodge and actively support charitable work within their communities.

All of them are hand carved with highly ornate detail work.









GRAND LODGE

Free and Accepted Masons
OF CALIFORNIA
CALIFORNIA MASONIC MEMORIAL CENTER

1111 CALIFORNIA STREET

SAN FRANCISCO, CA 94108-2284 (415) 776-7000 Ricky L. Lawler

Grand Lecturer

8630 Redman Road

Valley Springs, CA 95252

Cellular: (209) 365-3697

Email: rlawler@freemason.org

DATE: January 6, 2023

TO: ALL CALIFORNIA MASTER MASONS

FROM: Very Worshipful Ricky Lawler, Grand Lecturer

SUBJECT: 2023 RITUAL COMPETITION

As your Grand Lecturer, I am excited to announce that in 2023 we will again hold a Ritual Competition recognizing the importance of ritual excellence within our Jurisdiction. As we all know, the manner in which we perform our ritual can either motivate or discourage future enlightenment for both the candidate and the Lodge. To this end, we must all strive to demonstrate the best ritual possible. It is our hope that all our members will elect to participate in this exciting competition and demonstrate their commitment to raising the standard of ritual excellence in our Craft.

This year there will be a competition for Master Masons; for the INDIVIDUAL or TEAM to deliver the Candidate Proficiency Work in all three degrees.

During the 2023 Annual Communication of the Grand Lodge of California, the Grand Master, the Executive Committee, and the Ritual Committee wish to recognize the individual or team that best exemplifies the involved work.

To participate in the competition, the individual or team must complete and submit the attached Registration Form to their District Inspector (or, in his absence, their Division's Assistant Grand Lecturer) by the deadline of <u>APRIL 1, 2023</u>. The Inspector will work with everyone to identify a suitable date, time and location to exemplify the work, after which he will forward the winning individual's registration form to his Assistant Grand Lecturer (AGL) by <u>JUNE 1, 2023</u>. The AGL will then work with the district winners to identify a suitable date, time and location for the Division competition where the best individual will be identified. The AGL will then forward the winning individual's registration from to the Grand Lecturer by <u>SEPTEMBER 1, 2023</u>. The Grand Lecturer will invite the division winners with the four (4) highest division scores to attend the final competition in Fresno on Saturday, <u>September 30thy, 2023</u>. The winner of the final competition will be identified by the Grand Lecturer at the Annual Communication of Grand Lodge. All division winners will be recognized by the Grand Master at Annual Communication of the Grand Lodge which will take place October 27-29th, 2023.

The winner of this competition will receive the title of "Best Ritualist 2023" for the involved work. Each individual or team division winner is encouraged to attend Grand Lodge, at their own expense. Awards not presented at Grand Lodge will be presented later by their respective Assistant Grand Lecturers.

It is my hope that master masons from every lodge will compete in the competition and demonstrate their ritual prowess.

Ricky L. Lawler

Grand Lecturer





Temecula Catalina Island Lodge No. 524

Free & Accepted Masons of the State of California 27895 Diaz Road, Suite G Temecula, California 92590-3480

March 31, 2022

Temecula Catalina Island Lodge's annual "C Jack Liefer Memorial Outdoor 3° & Barbecue Lunch" is fast approaching. This year it will be held on Saturday, June 24th, 2023 at the Liefer Ranch, 47461 Rainbow Oaks Dr, Temecula, CA. This year marks our 27th year in performing this event.

If you have never attended this annual event, you have no idea what you are missing out on. The Lodge room is set under a canopy of Great Oak Trees which makes a beautiful setting for the raising of a new Master Mason, followed by a great barbecue lunch of Tri-Tip Barbecue Steak, Boneless Pork Ribs, Barbecued Chicken, Baked Beans, Corn on the Cob, Fresh Green Salad, Rolls, Desert, and of course, plenty of good fellowship.

Coffee & Pastries will be served for the Early Birds. Lodge will open at 9am with the Barbecue following Lodge Closing. Dress is casual/western attire (we will be outside)

Admission is \$45.00 in advance, \$50.00 at the gate which includes Lunch & Souvenir Token.

Hope you can join us for a great day of fellowship,

Brother Tom Hafeli, Secretary

<u>Temecula Catalina Island Lodge No</u>

524

TICKET ORDER FORM..2023

Ticket

Price: \$45.00



BUILDING MANAGER'S REPORT

New Rentals:

- ◆ April 29, 2023. Parking lot food event 12-5pm two security Guards needed.
- October 28, 2023. 50th Anniversary
- February 24, 2024 Wedding
- June 3, 2023 Sweet Sixteen





BUILDING MANAGER'S REPORT

New Rentals:

15-Apr-23

22-Apr-23

29-Apr-23

21-May-23

26-May-23

3-Jun-23

1-Jul-23

L-Jui-25

4-Aug-23

26-Aug-23

21-Oct-23

28-Oct-23

29-Dec-23

24-Feb-24

Quince Nera

Wedding

Parking lot Food Event

Recital

Health Screening

Sweet Sixteen

50th Anniversary

Quince Nera

Banquet

Debut

50th Wedding Anniversary

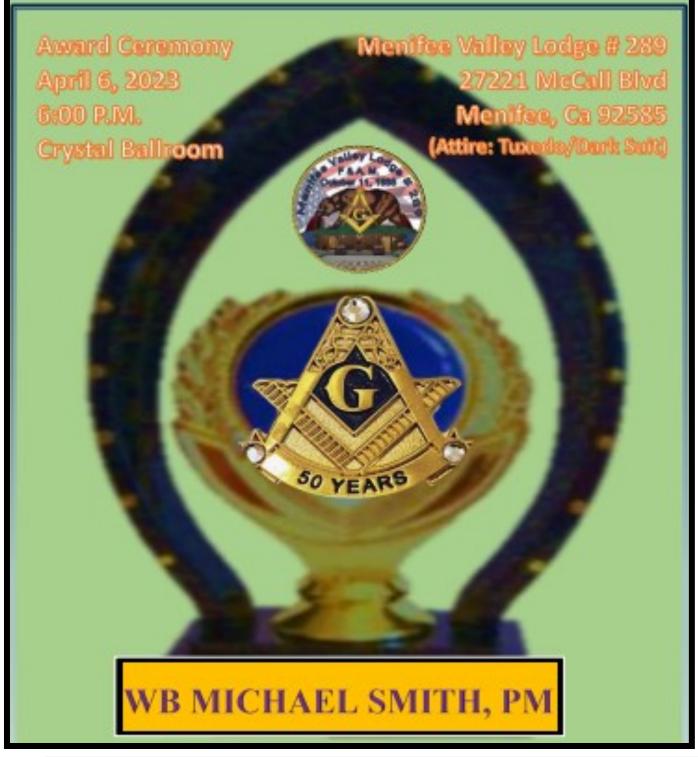
Quince Nera

Quintenary





Grand Lodge of California honors WB MICHAEL SMITH, PM for 50 YEARS of OUTSTANDING SERVICE and DEDICATION





MENIFTE VALLEY LODGE HIGHLIGHTS

April Stated Meeting



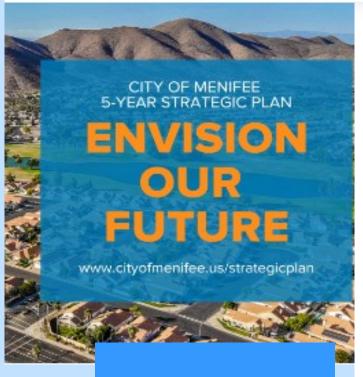


MENIFEE VALLEY LODGE HIGHLIGHTS

Bro. Howard Walmsley First Degree Conferral







WHAT'S BEING BUILT: PRIVATE / COMMERCIAL

Development Projects currently in Review or Under Construction

The link below provides a map of all development projects underway in the City of Menifee, including residential, commercial, and industrial. The City's Community Development, Engineering, and Building & Safety departments work closely with developers/builders to ensure projects meet all city codes and requirements as they move through each step of the development process, from plan-check to final inspection for occupancy/grand opening.

New Coming Soon To Menifee







Tips for Coping with Your Stress

The CDC provides some basic ideas to help you cope with stress...

- Take care of yourself eat healthy, exercise regularly, get plenty of sleep, give yourself a break if you feel stressed.
- Discuss your problems with a parent, friend, or another trusted source.
- Avoid drugs and alcohol.
- •Recognize when you need more help know when to talk to a psychologist, social worker, counselor if

things continue.

Potentially the most valuable takeaway here is knowing how to talk to others about your stress. This goes both ways, as you need to know how to discuss your problems with others as well as talk to anyone that comes to you with their issues.



The Masonic Monthly Poem

Remember You're A Mason

Unknown Author

When the pressures of recession Make us concentrate on greed, Take heed, a worthy Mason Cares about another's needs

Don't let pressures of the moment Make your obligation sway, Stop and help a fallen brother Or another by the way

What you give is like a bubble Whenever you assist, What it costs in time and trouble Is, soon after, never missed



Brother, bear that obligation You accepted on your knee, It's in direct relation To your own security



With regard to human kindness And the 'Golden Rule', I pray, I'll remember I'm a Mason... And behave like that today. Never hesitate, my brother Square your actions now and say, I'll remember I'm a Mason, And behave like that today





Concordant Bodies



Job's Daughters Bethel No. 165,

Meets 2nd and 4th Sundays, 7:00pm

Carrie Ghent, Bethel Guardian,

951-271-2054

Bro. Alan Walbridge, AG

909-241-5547

Inside this Month's Issue

- * Masonic Rebirth
- * At the Masonic Homes of California
- * At Round Table Masonic Lodge,
- * In Masonic Ritual, Performance as progress
- * At The Masonic Center for youth & families
- * Did Banksy Visit a Sonoma County Masonic Lodge?
- * In Vancouver, A Masonic Lodge Redevelopment
- * In Hulu's Lodge 49, Jim Gavin Creates his Lodge

Click on the image below to take you to the virtual CA Freemason magazine.









Looking for caregivers or senior care for a loved one? Searching for services and resources in your own community?

The Masonic Value Network can he

The Masonic Value Network is a convenient listing of care-related service providers located in communities throughout California (and beyond) that welcome California Masons and Masonic families.

- Find care-related providers and resour in your area
- » Access offerings and educational materi
- » Convenient online access is available



EXPLORE THE MASONIC VALUE NETWORK
masonichome.org/ValueNetwork



ANNOUNCEMENT FROM THE SECRETARY



Menifee Valley Lodge No. 289

PO BOX 312 Sun City, CA 92586-0312

Brethren of MVL289,

The monthly Stated Meeting is scheduled on April 6, 2023 at 7:00pm. Dinner will be served at 6:00 pm so please come in early for some important announcement from Lodge Officers and for Great food, and Fellowship.

Officer Attire: Tuxedo.

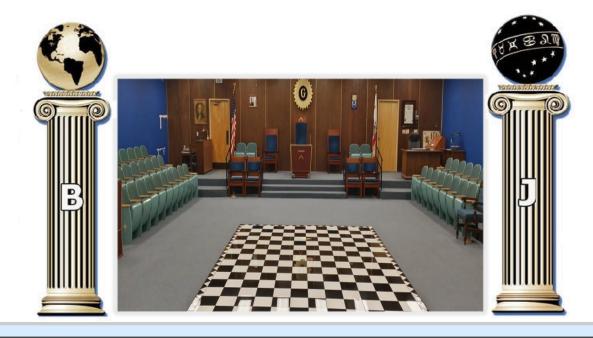
Members/ Visitors: Business Suit

Menu:

Schedule of Events

- **4:30pm** Lodge will be open. FC's, EA's, candidates, and petitioners will help prepare refreshments in the kitchen.
- **5:00pm** Welcoming committees will be available for petitioners in the hall. Application form is available upon request.
- 5:30pm Important announcement and upcoming events from the Worshipful Master or Senior Warden.
- **6:00pm** Invocation. Then dinner start. Introduce returning members, visiting brethren and petitioners. (Please bring \$10 contribution for quality meals). Open lodge and break for refreshment.
- **7:00pm** Stated Meeting, and Transaction of new business, annual election of lodge officers and Masonic Hall Association Committee members in the Lodge room. (Masons only).

We are looking forward to your attendance at the event. Peace and Harmony prevailing and God Bless to all Masons.





ANNOUNCEMENT FROM THE SECRETARY



Menifee Valley Lodge No. 289

PO BOX 312 Sun City, CA 92586-0312

Brethren of MVL289,

Please mark your calendar for the following MVL 289 events for the Month of April 2023. If you have questions or concerns, let the Lodge Secretary/Assistant Lodge Secretary know in advance so that the events will be modified with the WM's guidance:

Schedule of Events

Apr 06, 2023 7:00 pm—Stated Meeting and Bro. Bong 2nd Degree Proficiency

Apr 08, 2023 7:00 pm - Third Degree Conferral @ Yucca Valley

Apr 21, 2023 7:00 pm - OSI @ Menifee Valley Lodge 289, Hosted by Gat Jose Rizal Lodge #882 2nd Section of 2nd

We are looking forward to your attendance at the event.

Peace and Harmony prevailing and God Bless to all Masons.





April 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	STATED MEETING TIME: 7:00 PM	7	8
9 SUNDAY	10	11	12	13	14	15
16	17	18	19	20	OSI MEETING @ MVL 289 TIME: 8:00 AM	22
23/30	24	25	26	27	28	29 APRIL BIRTHSTONE: DIAMOND



LAKE TAHOE * PALM SPRINGS * SAN RAMON * IRVINE



WE'RE HERE TO HELP

RELIEF FOR CALIFORNIA MASONS AND THEIR FAMILIES

- Information and referrals
- Senior communities in Covina and Union City
- Statewide Masonic Outreach Services for members of all ages and their families
- and post-surgical rehabilitation (Union City)
- The Masonic Center for Youth and Families in San Francisco and Covina—with telehealti services now available everywhere
- NEW! Shared housing for seniors in Covina

CONTACT US TODAY TO ACCESS YOUR MEMBER BENEFITS AND SERVICES:
masonichome.org

mcyaf.org (877) 488-6293 (San Francisco) (626) 251-2300 (Covina)

Masonic Value Network:

Care Resources + Prescription Discounts

masonichome.org/ValueNetwork

OSI Schedule of Events 2022 Starts @ 7:00 P.M.

- ♦ 04/21/23—Menifee Valley Lodge #289, Hosted by GAT Jose Rizal Lodge #882, 2nd Section, 2nd Degree.
- ◆ 05/22/23—Temecula Catalina Island Lodge #524 , Funeral Service & Qualification.
- ◆ 06/20/23 Hemet San Jacinto Lodge #338, 1st Degree 0&0 and Lecture. Close in Long Form.
- ♦ 07/21/23 Menifee Valley Lodge #289, Hosted by GAT Jose Rizal Lodge #885, 2nd Section 3rd Degree.
- ♦ August **Dark**



Committees

Here are our committees for 2022. By being a Committee member, you are "paying it forward" to the Lodge by giving a little of your time. Some Committees only meet once a year, others quarterly, and some monthly. The point is, we need your help. Contact the Chairman for meeting times.



<u>Audit</u>	Charity & Relief	Sickness & Distress	<u>Hiram Award</u>	<u>Funeral</u>		
CH –	Jerry Donathan, PM, WM	CH –Harold Whitford, PM	Jerry Donathan, PM, WM	Wor Harold Whitford, PM, SW		
	Harold Whitford, PM, SW		Wor Harold Whitford, PM, SW	Wor Allan Bowman, PM, Chaplain		
				Bro Jerico Alvarez		
<u>Budget</u>	<u>Widows</u>	Hall Association	<u>Trestleboard</u>	<u>Refreshments</u>		
CH—Wor Chuck Markel, PM	CH – Harold Whitford, PM	CH- Bro Sammy Gillo Pres (24)	Editor—Wor Jerry Donathan, PM	CH– Vacant		
Bro Sammy Gillo	Wor Allan Bowman, PM	Bro Devynn Hicks VP(24)	Editor – Bro Sammy Gillo	Sr. & Jr. Stewards		
Bro Jerico Alvarez		Bro Jerico Alvarez Sec (24)	Asst Secretary	All EA's & FC's		
	<u>Finance</u>	Chuck Markel, PM —Treasurer	Public Schools	Newly Raised MM's		
	CH –Wor Jerry Donathan, SW	Bro Jose Shepard BM (24)	CH –			
	SW	Bro Sherman Hernaez (24)				
		Wor Harold Whitford, PM				
		Ex Officio				
		Wor Jerry Donathan , WM				
		Ex Officio				
		Assignments				
Officer's Coach	Masonic History	<u>Photographer</u>	Fraternal Support Ambassador	Head Candidate Coach		
Wor Chuck Markel, PM	Any Willing Brother	Bro Bud Smith	Wor Allan Bowman, PM	WB Harold Whitford		
Wor Harold Whitford, PM Assistant						
Member Retention	Executive Committee	Masonic Education		<u>Facebook/</u> Website		
CH –		Bro. Bruce Flowers		CH – Bro Sammy Gillo		
		Any Willing Brother	0	Bro Jerico Alvarez		
				Bro Adelbert Cagungao		
	•					





Menifee Valley Masonic Lodge

27221 McCall Blvd.

Menifee, CA 92585 OR

PO Box 312

Sun City, CA 92586

PH: (951) 679-9493

Text: (951) 349-4957

Trestleboard Editor:

Sammy Gillo, Asst Secretary

sharmaelly@gmail.com

We're on the Web!

See us at:

http://

lodge289.freemason.org

https://m.facebook.com/ MenifeeValleyMasons

or for the Crystal Ballroom:

http://

lodge289.freemason.org







Menifee Valley Lodge #289 Officers

Worshipful Master	Wor Jerry Donathan, PM
Senior Warden	Wor Harold Whitford, PM
Junior Warden	Vacant
Treasurer	Wor Chuck Markel, PM
Secretary	Jerico Alvarez
Assistant Secretary	Sammy Gillo
Chaplain	Samuel Sanchez
Senior Deacon	Adelbert Cagungao
Junior Deacon	Dean Malibiran
Marshal	Merck Cornel
Senior Steward	Sherman Hernaez
Junior Steward	Primo Reguyal
Tiler	Tychicus Edwards
Officer's Coach	Wor Chuck Markel, PM
Inspector 826 th Masonic District	Wor Carl Black, PM



Did you know that being an officer is both a privilege and an honor? These leaders have made a commitment to being at the practices and meetings/degrees and doing an outstanding job. We are all indebted to them for this commitment and their efforts. If you are interested in becoming an officer, please contact the Worshipful Master or the Officers Coach listed above.

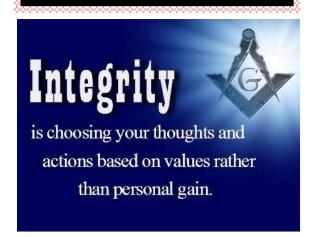
Annual Trestleboard Sponsorships and business card ads help defray the annual cost of printing and mailing the Trestleboard to those Brothers, widows and friends of the Lodge who are not adept at electronic publications.

If you can afford to sponsor, please see your Lodge Secretary.

Business card ads are limited by the CMC to brother Mason's only.

If you wish to move mountains tomorrow, you must start by lifting stones today.





MENIFEE VALLEY

MASONIC LODGE

PO Box 312

Sun City, CA 92586



